


AUGUST 2024

|  | | | Thursday 8/1 | Friday 8/2 |
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| Monday 8/5 | Tuesday 8/6 | Wednesday 8/7 | Thursday 8/8 | Friday 8/9 |
| Breakfast: Sausage Pancake stick w/Banana Lunch: WG turkey corndogs, Carrots and peaches Snack: Sunchips and fruit | Breakfast: Yogurt w/granola & Blueberries Lunch: Beef Ravioli green beans, wheat bread Pears Snack: Whole grain baked cheetos & fruit | Breakfast: French toast w/ Strawberries Lunch: Chicken fajitas on whole wheat tortillas w/refried beans, Salad & Mandarin oranges Snack: Rice cakes and fruit | Breakfast: Sausage, Tortilla & peaches Lunch: Grilled cheese on wheat, Green beans and Appleslices Snack: Graham crackers & fruit | Breakfast: Cheese Toast & mixed fruit Lunch: Ham & cheese wrap, Fresh fruit and veggie straws Snack: Pretzels & Cheese |
| Monday 8/12 | Tuesday 8/13 | Wednesday 8/14 | Thursday 8/15 | Friday 8/16 |
| Breakfast: Bagel w/ fruit spread Lunch: Chili Mac, buttered bread, Salad and pears Snack: Ritz cracker and cheese | Breakfast: Cereal and banana Lunch: Chicken patty on wheat bun, broccoli and applesauce Snack: Carrot chips and hummus | Breakfast: Muffins & pears Lunch: Turkey, Rice w/ Broccoli, wheat bread and Mixed fruit. Snack: Animal crackers and apples | Breakfast: Cheese toast & peaches Lunch: Fish sticks, mash potatoes, wheat bread and applesauce Snack: Oatmeal cookie and juice | Breakfast: Waffles & Strawberries Lunch: Cheeseburger on wheat tator tots and Pineapples Snack: multigrain crisps and cheese |
| Monday 8/19 | Tuesday 8/20 | Wednesday 8/21 | Thursday 8/22 | Friday 8/23 |
| Breakfast: French toast w/ Blueberries Lunch: Chicken nuggets, green beans, wheat bread and Mandarin oranges Snack: Goldfish pretzel and sun butter | Breakfast: Yogurt w/granola & Strawberries Lunch: Turkey & cheese on wheat, fresh fruit and veggies Snack: Chex mix and fruit | Breakfast: Biscuit w/ Fruit jam Lunch: Mac n cheese w/ham, Mixed veggies and pears Snack: oranges and veggie crackers | Breakfast: English Muffins w/ Mandarin Oranges Lunch: Chicken fried rice, Broccoli, wheat bread and mixed berries Snack: Cheez-it and fruit | Breakfast: WG turkey sausage breakfast pizza & mixed fruit Lunch: Salisbury steak, Wheat bread, corn & pears Snack: Veggie straws & apples |
| Monday 8/26 | Tuesday 8/27 | Wednesday 8/28 | Thursday 8/29 | Friday 8/30 |
| Breakfast: Pancakes w/strawberries Lunch: Turkey hotdogs on wheat bun, Broccoli & Pineapples Snack: Teddy grahams & fruit | Breakfast: Cheese toast & peaches Lunch: WG Beef & Bean Burrito w/salad and appleslices Snack: Rice cakes and fruit | Breakfast: Cereal with Banana Lunch: Chicken Tot Casserole, Wheat bread, Peas and Pineapples Snack: Goldfish cracker and fruit | Breakfast: French toast w/blueberries Lunch: Beef steak fingers w/gravy , peas, mixed fruit and wheat bread Snack: Graham cracker & milk | Breakfast: Muffins & Mandarins Lunch: Pepperoni Pizza-dillas on WW tortillas, Carrots & peaches Snack: Mixed berries & cheese cubes |

milk served w/ breakfast and Lunch

water served with snack