

# August Lunch

**NO FRIED FOODS!!**

Monday, August 4, 2025	Tuesday, August 5, 2025	Wednesday, August 6, 2025	Thursday, August 7, 2025	Friday, August 8, 2025
Pasta Alfredo - <u><b>V, EF</b></u> Pasta Peas and Carrots Honeydew <b><u>DF, Vegan: Pasta Marinara Vegan Cheese</u></b> <b><u>GF: GF Pasta Alfredo</u></b>	BBQ Meatballs White Rice Vegan Cole Slaw Bananas <b><u>V, Vegan, DF, EF, GF: BBQ Veggie Meatballs</u></b>	Chicken Chickpea Gyros - <u><b>EF</b></u> Pita Bread Broccoli Watermelon <b><u>V, Vegan, DF: Chickpea and Veggie Gyros</u></b> <b><u>GF: Whole Grain Brown Rice</u></b>	Turkey Paella - <u><b>DF, EF, GF</b></u> Turmeric Rice Cauliflower Pineapple <b><u>V, Vegan: Tofu Paella</u></b>	Pizza Day - <u><b>V, EF</b></u> Flour Pizza Crust Cucumbers Fruit Salad <b><u>DF: Pizza w/Turkey Pepperoni</u></b> <b><u>GF: Gluten Free Pizza w/ Cheese</u></b> <b><u>Vegan: Pizza w/ Vegan Cheese</u></b>
Monday, August 11, 2025	Tuesday, August 12, 2025	Wednesday, August 13, 2025	Thursday, August 14, 2025	Friday, August 15, 2025
Creamy Pesto Pasta - <u><b>V, EF</b></u> Pasta Sliced Carrots Cantaloupe <b><u>DF, Vegan: DF Pesto Pasta w/ Vegan Cheese</u></b> <b><u>GF: GF Creamy Pesto Pasta</u></b>	Cheesy Chicken Broccoli - <u><b>EF, GF</b></u> Whole Grain Brown Rice Broccoli Bananas <b><u>DF: DF Chicken Broccoli Casserole</u></b> <b><u>V, Vegan: Tofu Broccoli Casserole</u></b>	Turkey Lentil Sloppy Joes - <u><b>DF, EF</b></u> Dinner Roll Peas and Carrots Honeydew <b><u>V, Vegan: Lentil &amp; Bean Sloppy Joe</u></b> <b><u>GF: White Rice</u></b>	Swedish Meatballs Mashed Potatoes Cucumber Dill Salad Watermelon <b><u>V, Vegan, DF, EF, GF: Veggie Meatballs</u></b> <b><u>Vegan, DF: Roasted Potatoes</u></b>	Pepperoni Pizza Pasta - <u><b>EF</b></u> Pasta Cauliflower Fruit Salad <b><u>V, Vegan, DF: Veggie Pizza Pasta</u></b> <b><u>GF: GF Pepperoni Pizza Pasta</u></b>
Monday, August 18, 2025	Tuesday, August 19, 2025	Wednesday, August 20, 2025	Thursday, August 21, 2025	Friday, August 22, 2025
Pasta w/ Meat Sauce - <u><b>DF, EF</b></u> Pasta Sliced Carrots Honeydew <b><u>V, Vegan: Pasta Marinara Vegan Cheese</u></b> <b><u>GF: Entrée w/ GF Pasta</u></b>	Chicken Fajitas - <u><b>DF, EF</b></u> Flour Tortillas Cauliflower Bananas <b><u>V, Vegan: Bean Fajitas</u></b> <b><u>GF: Corn Tortilla</u></b>	Red Pepper Turkey - <u><b>EF, GF</b></u> Whole Grain Brown Rice Balsamic Green Bean Salad Cantaloupe <b><u>V, Vegan: Tofu w/ DF Sauce</u></b> <b><u>DF: Turkey w/ DF Sauce</u></b>	Cheesy Chicken Philly - <u><b>EF</b></u> Mini Hoagie Broccoli Pineapple <b><u>DF: DF Chicken Philly</u></b> <b><u>V, Vegan: White Bean Philly</u></b> <b><u>GF: White Rice</u></b>	Pizza Day - <u><b>V, EF</b></u> Flour Pizza Crust Cucumbers Fruit Salad <b><u>DF: Pizza w/Turkey Pepperoni</u></b> <b><u>GF: Gluten Free Pizza w/ Cheese</u></b> <b><u>Vegan: Pizza w/ Vegan Cheese</u></b>
Monday, August 25, 2025	Tuesday, August 26, 2025	Wednesday, August 27, 2025	Thursday, August 28, 2025	Friday, August 29, 2025
Mega Mac & Cheese - <u><b>V, EF</b></u> Pasta Green Beans Honeydew <b><u>GF: GF Pasta w/ Cheese Sauce</u></b> <b><u>Vegan, DF: Cheesy Vegan Pasta</u></b>	Taco Tuesday! - <u><b>EF</b></u> Flour Tortillas Lettuce, Salsa Bananas <b><u>V, Vegan: Veggie &amp; Bean Taco</u></b> <b><u>GF: Corn Tortilla</u></b>	Teriyaki Chicken - <u><b>DF, EF, GF</b></u> Vegetable Rice Pineapple <b><u>V, Vegan: Tofu Teriyaki</u></b>	Summer Salad w/ Grilled Chicken Ranch and Balsamic (on the side) Sliced French Bread Lettuce, Cucumbers, Carrots Watermelon <b><u>V, Vegan: Summer Salad w/ Chickpeas</u></b> <b><u>GF: GF Pasta (on the side)</u></b>	Chicken Parmesan Sub - <u><b>EF</b></u> Mini Hoagie Sliced Carrots Fruit Salad <b><u>V, Vegan, DF: Veggie Meatball Sub</u></b> <b><u>GF: Whole Grain Brown Rice</u></b>

All meals prepared in a facility that handles wheat and wheat-based products