



AUGUST MENU

Healthy Meals for Happy, Growing Kids!

WEEK OF AUGUST 3-7

	BREAKFAST	LUNCH	SNACK
Monday, August 3	Pancakes & Fruit	Chicken & Rice, Green Beans, Roll	Applesauce
Tuesday, August 4	Oatmeal & Sausage	Chicken Nuggets, Fries, Fruit	Cookies & Milk
Wednesday, August 5	French Toast & Strawberries	Teriyaki Chicken, Rice, & Broccoli	Muffins
Thursday, August 6	Biscuits & Bacon	Fish Sticks, Salad, Apples	String Cheese
Friday, August 7	Cereal & Bananas	Turkey Sandwiches, Tater Tots, Oranges	Yogurt

WEEK OF AUGUST 10-14

	BREAKFAST	LUNCH	SNACK
Monday, August 10	French Toast & Fruit	Shepherd's Pie, Green Beans, Roll	Vanilla Wafers
Tuesday, August 11	Muffins & Sausage	Mac & Cheese, Broccoli, Roll	Fig Bars
Wednesday, August 12	Sunbutter & Jam Sandwiches & Fruit	Chicken Nuggets, Sweet Peas, Fruit	Cheez-Its
Thursday, August 13	Sausage, Toast & Bananas	Chicken Alfredo, Salad, Garlic Bread	Graham Crackers
Friday, August 14	CLOSED		

WEEK OF AUGUST 17-21

	BREAKFAST	LUNCH	SNACK
Monday, August 17	Cereal & Bananas	Tacos, Beans, Rice	Animal Crackers
Tuesday, August 18	Yogurt Cup	Turkey & Cheese Sandwiches, Tater Tots, Orange Slices	Applesauce
Wednesday, August 19	Toast & Bacon	Chili, Grilled Cheese & Fruit	Muffins
Thursday, August 20	Turkey & Cheese Croissant	Macaroni, Broccoli, Garlic Bread	Fig Bar
Friday, August 21	Sausage Biscuit	Teriyaki Chicken, Rice & Pineapple	Fruit Cup

WEEK OF AUGUST 24-28

	BREAKFAST	LUNCH	SNACK
Monday, August 24	Biscuits & Sausage	Chicken and Waffles with Fruit	Pretzels
Tuesday, August 25	Waffles & Fruit	Cheese Quesadillas, Rice & Corn	Chips & Dip
Wednesday, August 26	Cereal & Bananas	Spaghetti, Salad, Roll	Goldfish
Thursday, August 27	Potatoes & Bacon	Turkey Croissant, Fries, and Fruit	Vanilla Wafers
Friday, August 28	French Toast & Fruit	Bowtie Pasta, Green Beans and Fruit	String Cheese

Menu is subject to change.