


August School Menu - 2022

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
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| <p style="text-align: right;">1</p> <p>Breakfast: Cereal with Milk & Fruit Morning Snack: Pancakes w/Fruit Lunch: Cheeseburger Macaroni, Green Beans and Oranges Vegetarian: Veggie Crumble Macaroni Afternoon Snack: Goldfish Crackers</p> | <p style="text-align: right;">2</p> <p>Breakfast: Yogurt & Fruit Morning Snack: Cereal w/milk Lunch: Chicken Sandwich Carrots and Pears Vegetarian: Cheese Sandwich Afternoon Snack: Trail Mix</p> | <p style="text-align: right;">3</p> <p>Breakfast: Cereal with Milk & Fruit Morning Snack: Nutrigrain Cereal Bar Lunch: Turkey and Cheese Wrap Peas and Bananas Vegetarian: Cheese Quesadilla Afternoon Snack: Blueberry Muffins</p> | <p style="text-align: right;">4</p> <p>Breakfast: Yogurt & Fruit Morning Snack: Cheerios w/raisins Lunch: Chicken and Cheesy Rice Casserole Broccoli and Applesauce Vegetarian: Veggie Chicken and Rice Casserole Afternoon Snack: Wheat Thins w/Hummus</p> | <p style="text-align: right;">5</p> <p>Breakfast: Cereal with Milk & Fruit Morning Snack: Kitchen's Choice Lunch: Cheese Pizza, Mixed Veggies and Mixed Fruit Vegetarian: Same Afternoon Snack: Rice Cakes</p> |
| <p style="text-align: right;">8</p> <p>Breakfast: Cereal with Milk & Fruit Morning Snack: Yogurt w/Fruit Lunch: Chicken Nuggets, Mashed Potatoes Corn and Pineapples Vegetarian: Veggie Nuggets Afternoon Snack: Graham Crackers w/fruit</p> | <p style="text-align: right;">9</p> <p>Breakfast: Yogurt & Fruit Morning Snack: Oatmeal w/Fruit Lunch: Mac N Cheese w/chicken bits Green Beans and Apples Vegetarian: Mac N Cheese Afternoon Snack: Animal Crackers w/Milk</p> | <p style="text-align: right;">10</p> <p>Breakfast: Cereal with Milk & Fruit Morning Snack: Waffles w/Fruit Lunch: Ground Turkey Tacos, Peas and Bananas Vegetarian: Veggie Crumble Tacos Afternoon Snack: Ritz Crackers w/Cheese</p> | <p style="text-align: right;">11</p> <p>Breakfast: Yogurt & Fruit Morning Snack: Cinnamon Raisin Bread Lunch: Spaghetti w/Meatballs, Carrots and Peaches Vegetarian: Spaghetti w/Veggie Crumble Afternoon Snack: Pretzels/Cheerios</p> | <p style="text-align: right;">12</p> <p>Breakfast: Cereal with Milk & Fruit Morning Snack: Kitchen's Choice Lunch: Cheese Pizza, Mixed Veggies and Mixed Fruit Vegetarian: Same Afternoon Snack: Cheese It Crackers</p> |
| <p style="text-align: right;">15</p> <p>Breakfast: Cereal with Milk & Fruit Morning Snack: Pancakes w/Fruit Lunch: Fish Sticks, Mashed Potatoes, Corn and Applesauce/Apple Slices Vegetarian: Veggie Nuggets Afternoon Snack: Goldfish Crackers</p> | <p style="text-align: right;">16</p> <p>Breakfast: Yogurt & Fruit Morning Snack: Cereal w/milk Lunch: Mini Turkey Corn Dogs Carrots and Oranges Vegetarian: Veggie Corn Dogs Afternoon Snack: Trail Mix</p> | <p style="text-align: right;">17</p> <p>Breakfast: Cereal with Milk & Fruit Morning Snack: Nutrigrain Cereal Bar Lunch: Sloppy Jo, Green Beans and Bananas Vegetarian: Veggie Crumble Sloppy Jo Afternoon Snack: Blueberry Muffins</p> | <p style="text-align: right;">18</p> <p>Breakfast: Yogurt & Fruit Morning Snack: Cheerios w/raisins Lunch: Chicken Tetrazzini, Broccoli and Peaches Vegetarian: Veggie Chicken Tetrazzini Afternoon Snack: Wheat Thins w/Hummus</p> | <p style="text-align: right;">19</p> <p>Breakfast: Cereal with Milk & Fruit Morning Snack: Kitchen's Choice Lunch: Cheese Pizza, Mixed Veggies and Mixed Fruit Vegetarian: Same Afternoon Snack: Rice Cakes</p> |
| <p style="text-align: right;">22</p> <p>Breakfast: Cereal with Milk & Fruit Morning Snack: Yogurt w/Fruit Lunch: Lasagna Peas and Apple Slices Vegetarian: Veggie Lasagna Afternoon Snack: Graham Crackers w/fruit</p> | <p style="text-align: right;">23</p> <p>Breakfast: Yogurt & Fruit Morning Snack: Oatmeal w/Fruit Lunch: Hawaiian Roll Turkey Sliders, Broccoli and Bananas Vegetarian: Grilled Cheese Sliders Afternoon Snack: Animal Crackers w/milk</p> | <p style="text-align: right;">24</p> <p>Breakfast: Cereal with Milk & Fruit Morning Snack: French Toast w/Fruit Lunch: Chicken Alfredo Pasta, Peas & Carrots and Pears Vegetarian: Veggie Chicken Alfredo Afternoon Snack: Ritz Crackers w/Cheese</p> | <p style="text-align: right;">25</p> <p>Breakfast: Yogurt & Fruit Morning Snack: Cinnamon Raisin Bread Lunch: Bean and Cheese Burrito , Green Beans and Pineapples Vegetarian: Same Afternoon Snack: Pretzels/Cheerios</p> | <p style="text-align: right;">26</p> <p>Breakfast: Cereal with Milk & Fruit Morning Snack: Kitchen's Choice Lunch: Cheese Pizza, Mixed Veggies and Mixed Fruit Vegetarian: Same Afternoon Snack: Cheese It Crackers</p> |
| <p style="text-align: right;">29</p> <p>Breakfast: Cereal with Milk & Fruit Morning Snack: Pancakes w/Fruit Lunch: Cheeseburger Macaroni, Green Beans and Oranges Vegetarian: Veggie Crumble Macaroni Afternoon Snack: Goldfish Crackers</p> | <p style="text-align: right;">30</p> <p>Breakfast: Yogurt & Fruit Morning Snack: Cereal w/milk Lunch: Chicken Sandwich Carrots and Pears Vegetarian: Cheese Sandwich Afternoon Snack: Trail Mix</p> | <p style="text-align: right;">31</p> <p>Breakfast: Cereal with Milk & Fruit Morning Snack: Nutrigrain Cereal Bar Lunch: Turkey and Cheese Wrap Peas and Bananas Vegetarian: Cheese Quesadilla Afternoon Snack: Blueberry Muffins</p> |  | |

*Variety of Cereals are served for breakfast

*Milk is served with breakfast, lunch and some afternoon snacks/Water is served with all meals and available throughout the day/100% Fruit Juice served with most afternoon Snacks