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| Meals | Monday | Tuesday | Wednesday | Thursday | Friday |
| **2-6**  **Breakfast**  **Lunch**  **Snack** | Cheerios, bananas & milk  Cheese ravioli in red sauce, broccoli, apples & milk  Granola bars, strawberries & water | Vanilla yogurt, mixed berries  & milk  Turkey and cheese wrap, cucumber slices, applesauce & milk  V: veggie wrap  Bread sticks with marinara & water | Bean and cheese burrito & milk  Chicken sandwich, potato wedges, green beans & milk  V: veggie patty sandwich  Graham crackers, mandarin oranges & water | Biscuits, pears & milk  English muffin pizza, mixed veggies, cantaloupe & milk  Goldfish, mixed fruit & water | French toast sticks, orange slices & milk  Shredded BBQ chicken, baked beans, apple slices & milk  V: veggie nuggets  Carrot sticks, veggie dip & water  (sub shredded carrots for todds) |
| **9-13**  **Breakfast**  **Lunch**  **Snack** | Whole wheat toast with fruit spread & milk  Fettuccini alfredo, broccoli apple slices & milk  Pretzels, hummus & water | Blueberry muffins & milk  Chicken stir-fry rice with bell peppers, broccoli, peaches & milk  Granola bars, honeydew melon & water | Wheaties, bananas & milk  Macaroni and cheese, peas, apples & milk  Cheese cubes, crackers & water | Waffles with powdered sugar, mixed beans & milk  Chicken patty sandwich, sweet potato fries, pineapple & milk  V: veggie patty  Fig newtons & water | Bagel with fruit spread & milk  Cheese quesadilla corn, peaches & milk  Goldfish, strawberries & water |

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| Meals | Monday | Tuesday | Wednesday | Thursday | Friday |
| **16-23**  **Breakfast**  **Lunch**  **Snack** | Waffles with powdered sugar, mixed berries & milk  Chicken nuggets, broccoli, potato wedges & milk  V: Veggie nuggets  Oatmeal cookies, apples & water | Cinnamon tortillas, apple slices & milk  Fish sticks, mashed potatoes, cauliflower & milk  String cheese, crackers & milk | Whole wheat toast, sun butter & milk  Chicken pasta salad, peas, cucumber slices & milk  V: Veggie pasta salad  Animal crackers, mandarin oranges & water | Yogurt, strawberries & milk  Pasta in red sauce, green beans, garlic bread & milk  Graham crackers, cantaloupe & water | French toast sticks with powdered sugar, orange slices & milk  Shredded BBQ chicken sandwich, baked beans, pineapple & milk  Carrot sticks, veggie dip & water  (sub shredded carrots for todds) |
| **30-3**  **Breakfast**  **Lunch**  **Snack** | Rice cakes with sunbutter & milk  Cheese pizza, broccoli, apple slices & milk  Graham crackers, mandarin oranges & water | English muffin with fruit spread & milk  Chicken nuggets, yellow rice with peas, applesauce & milk  V: veggie nuggets  Pitas with hummus & water | Pancakes, mixed berries & milk  Chicken tacos, Corn, oranges & milk  V: Black bean tacos  Breadsticks with marinara & water | French toast sticks, orange slices & milk  Macaroni in red sauce, garden salad with dressing, fresh fruit & milk  Whole wheat crackers, cheese & water | Cinnamon Tortillas, strawberry yogurt & milk  Fish sticks, potato wedges, pineapple & milk  Mixed fresh fruit, goldfish & water |