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| Meals | Monday | Tuesday | Wednesday | Thursday | Friday |
| **2-6****Breakfast****Lunch****Snack** | Cheerios, bananas & milkCheese ravioli in red sauce, broccoli, apples & milkGranola bars, strawberries & water  | Vanilla yogurt, mixed berries & milkTurkey and cheese wrap, cucumber slices, applesauce & milkV: veggie wrapBread sticks with marinara & water | Bean and cheese burrito & milkChicken sandwich, potato wedges, green beans & milkV: veggie patty sandwichGraham crackers, mandarin oranges & water | Biscuits, pears & milkEnglish muffin pizza, mixed veggies, cantaloupe & milkGoldfish, mixed fruit & water | French toast sticks, orange slices & milkShredded BBQ chicken, baked beans, apple slices & milkV: veggie nuggetsCarrot sticks, veggie dip & water(sub shredded carrots for todds) |
| **9-13****Breakfast****Lunch****Snack** | Whole wheat toast with fruit spread & milkFettuccini alfredo, broccoli apple slices & milkPretzels, hummus & water | Blueberry muffins & milkChicken stir-fry rice with bell peppers, broccoli, peaches & milkGranola bars, honeydew melon & water | Wheaties, bananas & milkMacaroni and cheese, peas, apples & milkCheese cubes, crackers & water | Waffles with powdered sugar, mixed beans & milkChicken patty sandwich, sweet potato fries, pineapple & milkV: veggie pattyFig newtons & water |  Bagel with fruit spread & milkCheese quesadilla corn, peaches & milkGoldfish, strawberries & water  |

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| Meals | Monday | Tuesday | Wednesday | Thursday | Friday |
| **16-23****Breakfast****Lunch****Snack** | Waffles with powdered sugar, mixed berries & milkChicken nuggets, broccoli, potato wedges & milkV: Veggie nuggetsOatmeal cookies, apples & water | Cinnamon tortillas, apple slices & milkFish sticks, mashed potatoes, cauliflower & milkString cheese, crackers & milk | Whole wheat toast, sun butter & milkChicken pasta salad, peas, cucumber slices & milkV: Veggie pasta saladAnimal crackers, mandarin oranges & water | Yogurt, strawberries & milkPasta in red sauce, green beans, garlic bread & milkGraham crackers, cantaloupe & water | French toast sticks with powdered sugar, orange slices & milkShredded BBQ chicken sandwich, baked beans, pineapple & milkCarrot sticks, veggie dip & water(sub shredded carrots for todds) |
| **30-3****Breakfast****Lunch****Snack** | Rice cakes with sunbutter & milkCheese pizza, broccoli, apple slices & milkGraham crackers, mandarin oranges & water  | English muffin with fruit spread & milkChicken nuggets, yellow rice with peas, applesauce & milkV: veggie nuggetsPitas with hummus & water | Pancakes, mixed berries & milkChicken tacos, Corn, oranges & milkV: Black bean tacosBreadsticks with marinara & water  | French toast sticks, orange slices & milkMacaroni in red sauce, garden salad with dressing, fresh fruit & milkWhole wheat crackers, cheese & water  | Cinnamon Tortillas, strawberry yogurt & milkFish sticks, potato wedges, pineapple & milkMixed fresh fruit, goldfish & water |