

Snack Menu

NO FRIED FOODS!!

	Monday	Tuesday	Wednesday	Thursday	Friday
	Monday, July 31, 2017	Tuesday, August 1, 2017	Wednesday, August 2, 2017	Thursday, August 3, 2017	Friday, August 4, 2017
AM	Cereal and Market Fruit	Bagel and Cream Cheese	Cereal and Market Fruit	HOK Fruit Bread and Yogurt	HOK Pancakes and Low Sugar Compote
PM	HOK Applesauce and Graham Crackers	Cheese Cubes and Market Fruit	Turkey Roll Up w/ Tortilla	HOK Ranch and Cucumbers Flatbread	Chips and HOK Salsa
	Monday, August 7, 2017	Tuesday, August 8, 2017	Wednesday, August 9, 2017	Thursday, August 10, 2017	Friday, August 11, 2017
AM	HOK English Muffin Bread and Hok Fruit Jam	HOK Fruit Bread and Fruit	HOK Turkey Sausage and HOK Corn Bread	HOK Banana Bar and Yogurt	HOK Oatmeal and Fruit
PM	HOK Hummus and Breadsticks	HOK Applesauce and Graham Crackers	HOK Sunbutter and HOK Jelly Sandwich	Cheese Cubes and Fruit	HOK Granola Bar and Market Fruit
	Monday, August 14, 2017	Tuesday, August 15, 2017	Wednesday, August 16, 2017	Thursday, August 17, 2017	Friday, August 18, 2017
AM	Cereal and Market Fruit	Bagel and Cream Cheese	HOK Apple Bar and Market Fruit	HOK Fruit Bread and Fruit	HOK French Toast and Low Sugar Compote + Fruit
PM	HOK Applesauce and Graham Crackers	Cheese Cubes and Market Fruit	Turkey Roll Up w/ Tortilla	HOK Ranch and Cucumbers Flatbread	Chips and HOK Salsa
	Monday, August 21, 2017	Tuesday, August 22, 2017	Wednesday, August 23, 2017	Thursday, August 24, 2017	Friday, August 25, 2017
AM	HOK English Muffin Bread and Hok Fruit Jam	Cereal and Market Fruit	HOK Turkey Sausage and HOK Corn Bread	HOK French Toast and Low Sugar Compote + Fruit	HOK Oatmeal and Fruit
PM	HOK Hummus and Pita	HOK Spinach Dip and Flatbread	Cheese Cubes and Market Fruit	Pretzel and HOK Sunbutter	HOK Granola Bar and Market Fruit
	Monday, August 28, 2017	Tuesday, August 29, 2017	Wednesday, August 30, 2017	Thursday, August 31, 2017	Friday, September 1, 2017
AM	Cereal and Market Fruit	Bagel and Cream Cheese	HOK Banana Bar and Fruit	HOK Fruit Bread and Yogurt	HOK Pancakes and Low Sugar Compote
PM	HOK Applesauce and Graham Crackers	Cheese Cubes and Market Fruit	Turkey Roll Up w/ Tortilla	HOK Ranch and Cucumbers Flatbread	Chips and HOK Salsa