



Monday	Tuesday	Wednesday	Thursday	Friday
3) AM: Yogurt & fruit L: Pizza, mix veggies, mixed fruit PM: Cheezits V: cheese pizza 10) AM: Cereal bars L: Chicken nuggets, Corn, fruit PM: Nut Free Mix V: veggie nuggets	4) AM: Cereal & milk L: Spaghetti, Green beans, peaches PM: Goldfish V: spaghetti 11) AM: Muffins L: Hamburger, Tater Tots, fruit PM: Veggies straws V: veggie patties	5) AM: Apple sauce & grahams L: Steak fingers, fries, fruit PM: Pretzels V: Veggie nuggets 12) AM: Cereal & Milk L: Quesadillas, beans, fruit PM: Cheez its V: Quesadillas	6)AM: Pancakes w/ syrup L: Corn dogs, mixed veggies, fruit PM: Crackers and cheese V: veggie dogs 9) AM: Waffles L: grilled cheese, fries, oranges PM: V: grilled cheese	7) AM: Cereal & Milk L: Meatballs, broccoli, pears PM: Teddy Grahams V: veggie balls 10) AM: Cereal & milk L: Fish sticks, veggies, fruit PM: V: veggie nuggets
17) AM: French toast sticks L: Chicken sandwich, carrots, pineapple PM: Cereal bars V: veggie patties w/ cheese	14) AM: Apple sauce & grahams L: Bean & Cheese burritos, mixed fruit PM: Pretzels V: bean & cheese burritos	15) AM: Cereal & milk L: Chicken spaghetti, potatoes, fruit PM: Grahams V: spaghetti	16) AM: Pancakes L: Turkey Sandwich, Vegetables, fruit PM: Chef's choice V: Cheese sandwich	17) AM: Egg sandwich L: Shepard's pie, fruit PM: Wheat thins V: veggie Shepard's pie
24) AM: Cereal bars L: Pizza, peas & carrots, pears PM: Nilla Wafers V: cheese pizza	21) AM: Biscuits w/ Jelly L: Steak Fingers, Mashed potatoes, fruit PM: Goldfish V: Veggie nuggets	22) AM: Yogurt w/ fruit L: Broccoli rice casserole, mixed veggies, pineapple PM: Cheezits V: broccoli rice casserole	23) AM: Cereal & Milk L: Chicken nuggets, sweet potato fries, apples PM: Goldfish V: veggie nuggets	24) AM: English muffins w/ jelly L: Salisbury steak, mashed potatoes, fruit PM: Pretzels V: veggies patties
31) AM: Apple sauce & grahams L: Cheese Ravioli, salad, fruit PM: Teddy Grahams V: cheese ravioli				