

Snack Menu

NO FRIED FOODS!!

Monday, April 1, 2019	Tuesday, April 2, 2019	Wednesday, April 3, 2019	Thursday, April 4, 2019	Friday, April 5, 2019
HOK Fruit Muffin and Market Fruit V	Bagels and Cream Cheese V, EF	HOK Pancakes and HOK Compote V	Turkey Ham and Cheese Biscuits EF	HOK Yogurt and Market Fruit V, EF, GF
HOK Hummus and Pita V, Vegan, EF, DF	Turkey Cubes and HOK Applesauce DF, EF	Pretzels and HOK Sunbutter V, Vegan, DF, EF	HOK Granola Bar and Market Fruit V, Vegan, DF, EF, GF	HOK Ranch, Cucumbers, and Flatbread V
Monday, April 8, 2019	Tuesday, April 9, 2019	Wednesday, April 10, 2019	Thursday, April 11, 2019	Friday, April 12, 2019
HOK Granola Cereal and Market Fruit V, Vegan, DF, EF, GF	HOK Cinnamon Bread and HOK Yogurt V	HOK Oatmeal and Market Fruit V, Vegan, DF, EF, GF	HOK Cheddar Biscuit and Market Fruit V, EF	HOK Banana Bar and Market Fruit V, EF
HOK Applesauce and Graham Crackers V, DF, EF	Cheese Cubes and Tomato Wedges V, EF, GF	Turkey Tortilla Roll Up EF, DF	Cucumbers and HOK Dilly Cheese V, EF, GF	Chips and HOK Salsa V, Vegan, DF, EF, GF
Monday, April 15, 2019	Tuesday, April 16, 2019	Wednesday, April 17, 2019	Thursday, April 18, 2019	Friday, April 19, 2019
HOK Fruit Muffin and Market Fruit V	Bagels and Cream Cheese V, EF	HOK French Toast and HOK Compote V	HOK Biscuits and Gravy EF	HOK Yogurt and Market Fruit V, EF, GF
HOK Hummus and Pita V, Vegan, EF, DF	Turkey Cubes and HOK Applesauce DF, EF	Pretzels and HOK Sunbutter V, Vegan, DF, EF	HOK Granola Bar and Market Fruit V, Vegan, DF, EF, GF	HOK Ranch, Cucumbers, and Flatbread V
Monday, April 22, 2019	Tuesday, April 23, 2019	Wednesday, April 24, 2019	Thursday, April 25, 2019	Friday, April 26, 2019
HOK Granola Cereal and Market Fruit V, Vegan, DF, EF, GF	HOK Cinnamon Bread and HOK Yogurt V	HOK Oatmeal and Market Fruit V, Vegan, DF, EF, GF	HOK Cheddar Biscuit and Market Fruit V, EF	HOK Apple Bar and Market Fruit V, EF
HOK Applesauce and Graham Crackers V, DF, EF	Cheese Cubes and Tomato Wedges V, EF, GF	Turkey Tortilla Roll Up EF, DF	Cucumbers and HOK Dilly Cheese V, EF, GF	Chips and HOK Salsa V, Vegan, DF, EF, GF