



**April 2021** 

## **Lighthouse Beacon**

**Center Director: Joanne Webster** 

Assistant Director: Dayna Noski
Assistant Director: Stephanie Kwiatkowski

## **April Events**

- March 31st and April 1st —Picture Day! Room 1-4 with siblings on March 31, 2021 and room 5-9 with siblings on April 1, 2021.
- April 7th—National Walk Day—Please feel free to join us as we encourage everyone to get outside in the sunshine and enjoy National Walk Day with their families.
- April 8th—Kindergarten Round Up—Join us from 6:30-7:30PM in room 9 for our private kindergarten round up.
   Come meet Mrs. Nikishah who is our Bachelor's Degree (EC-6) teacher and view our Private Kindergarten C.A.R.E.S. curriculum. This is for children moving up from room 8 to room 9 and those who missed the kindergarten cut off date for the public school.
- April 9th—National Unicorn Day. Please have your child wear a unicorn on this fun day.
- April 12-16th
   — Week of the Young Child. We will celebrate
   the 50th anniversary of the Week of the Young Child with
   our little friends in class by hosting various activities each
   day.
- April 22, 2021—National Earth Day. Please send your child to school with a small pot to decorate and we will plant a flower for them to take home and nurture.
- April 30th

  New families monthly "meet and greet" with
  the director and other new families. We will have coffee
  and muffins available and will meet in Room 10 at 10:00

  A.M.. This will be an opportunity for new families to fellowship with each other and get to know the management
  team.

## **Director's Corner**

Dear Children Lighthouse Families,

Thank you for welcoming me to the Childrens Lighthouse—Spring-Harmony family. It has been a pleasure getting to know you and your children.

I have many great plans for our school this summer and for the upcoming school year. Please remember to keep your eye on ProCare Engage messages from the school as we will use this as our primary correspondence tool.

Please feel free to reach out to me if you have any questions or if I may be of service. I am genuinely happy to help.

Best regards,

Joanne Webster

Joanne Webster School Director



#### Students:

04/03
04/09
04/10
04/13
04/16
04/18
04/18
04/22
04/22
04/24

#### Staff:

Shaza S. 04/24



#### **Kid Friendly Recipes**



Family gatherings in my home always seem to require "snacks" as a staple. This is a family favorite in my house. It is quick and easy to make and everyone loves it. If you have an air fryer you can make this in a healthier version.

#### **Ingredients:**

- 1 16 ounce container of sour cream
- 1/2 cup freshly grated Parmesan
- 1 tablesppon of Dijon Mustard

Kosher salt and freshly ground black pepper

Potatoes (Large)

#### **Directions:**

Clean and cut potatoes and use a mandolin to cut them the thickness you prefer safely. Drop the potatoes in the air fryer or regular oil fryer and cook until they are a crisp potato chip.

While the potatoes cook, mix the sour cream, Dijon Mustard and Parmesan cheese in a bowl until thoroughly mixed. Add salt and pepper to taste. (Keep in mind the Parmesan cheese is a salty cheese. So, it is best to taste before adding salt and pepper.) We add salt and pepper to the chips and then position them around the dip for everyone to enjoy.



## **KID JOKES!**



- 1. Which crime fighter likes April the most?
  - A: robin
- When do gorillas fall from the sky?
  - A. During Ape-ril showers.
- 3. Can February March?
  - A. No, but April May.
- Why is everyone so tired on April 1st?
  - A. Because they did just finished a 31 day March!

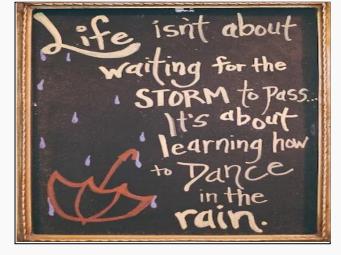




# Soccer Shots, Dance & Gymnastics / Spanish

We are blessed to have three vendors for your children to participate in ancillary activities during the school week. Please ask the office if you need additional information regarding these programs.

### **Words of Encouragement**





#### **Cooler Weather in the Forecast**

The cool weather continues in the forecast! Here are a few things to keep in mind...

 Jackets should be labeled with your child first name and last initial. (All items should be labeled with your child's name.)

Extra clothes and shoes should be weather appropriate. Only closed toes shoes please.

 Hats may NOT have string ties that go around the chin or neck for safety.

#### **April Indoor Activities for Kids**

#### How to Create Art from Natural Objects - CuriOdyssey

Follow the above link for a great activity for you to do with your child that cost only your time and walk in the neighborhood or even your back yard!

#### **Explore Colors With Ice - CuriOdyssey**

This fun project will teach your little ones about the melting rate of ice and how color effects the rate!

#### How to Make a Paper Airplane - CuriOdyssey

Make a paper airplane and watch your child's imagination soar. All you need is paper (and an optional paper clip).

## **Curriculum Corner**



#### Infants & Toddlers —Rooms 1, 2 & 3

This month we will be discovering: Bubbles, Mud and Puddles We will focus on the shape: oval We will focus on the color: purple We will be singing: Five Little Ducks

The Sign Language and Spanish focus word for this month is: water / agua

#### **Toddlers Curriculum Overview—Rooms 4**

This month we will be learning about: Construction We will focus on the shape: oval We will focus on the color: purple We will be singing: The Dump Truck Song The Sign Language focus word for this month is: water

#### Twos' through Five's Curriculum Overview

Character Value: Responsibility Curriculum Theme: Insects, Froas and Toads

Letter Focus: Xx, Yy, Zz Literacy Focus: Very Hungry Caterpillar Science & Nature Focus: Life Cycles Math & Manipulatives Focus: Sequencing Sian Language & Spanish: Bee/La Abeia Private Kindergarten Sight Words: can, two, to, by Word Family: -up, -ump and -y

## School-Age Curriculum

Theme: Spring

Character Value: Responsibility Community Project: Pet Food Drive

#### **New Parent Questions:**

Does my baby have colic?

Colic tends to follow the rules of three — totals at least three hours a day, occurs at least three days a week and persists for at least three weeks in a row. Colic is not a disease and one in five infants (roughly) are diagnosed with colic. The good news is that colic does not last forever. But what do you do in the meantime? Here are a few suggestions: to cope with a colicky crying baby:

- 1) Break it up—a fresh set of arms sometimes induces calm in a baby. So, divide up the colic duty and everyone wins.
- 2) Talk about it—Sometimes a sympathetic ear is what you need. Talking with your struggles with your spouse, your friend, a family member, a family member or even your childcare provider can help you to feel that you are not alone in the journey.
- 3) Tune out a little—Use headphones, ear plugs or something that can cancel out noise or turn on music to help lessen the effect of your baby's crying on you. Ensure you can still hear your baby as you still need to be there for them. But a little tune out can sometimes be the few minutes you need to regroup and take a deep breath before you return to the task of helping your sweet baby find their calm.
- 4)Get help—If you are at the end of your rope, don't hesitate to ask for help. Have a plan of who you are going to call with the knowledge that they are there to support you during this challenging time.