


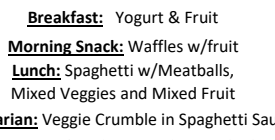



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
5	6	7	8	9
Breakfast: Cereal with Milk & Fruit Morning Snack: Pancakes w/fruit Lunch: Chicken Sandwich, Carrots and Oranges Vegetarian: Cheese Sandwich Afternoon Snack: Goldfish Crackers	Breakfast: Yogurt & Fruit Morning Snack: Fresh Blueberry Muffins Lunch: White Rice with Beef Crumble, Green Beans and Bananas Vegetarian: White Rice w/Veggie Crumble Afternoon Snack: Ritz Crackers w/Cheese	Breakfast: Cereal with Milk & Fruit Morning Snack: Cucumbers w/Ranch Lunch: Fish Sticks, Mashed Potatoes, Corn and Pears Vegetarian: Veggie Nuggets Afternoon Snack: Veggie Straws	Breakfast: Yogurt & Fruit Morning Snack: Cheerios w/raisins Lunch: Chicken Tetrizzini, Broccoli and Peaches Vegetarian: Veggie Chicken Tetrizzini Afternoon Snack: Wheat Thins w/Hummus	Breakfast: Cereal with Milk & Fruit Morning Snack: Cereal Bar Lunch: Cheese Pizza, Mixed Veggies and Mixed Fruit Vegetarian: Same Afternoon Snack: Cheese Crackers
12	13	14	15	16
Breakfast: Cereal with Milk & Fruit Morning Snack: Yogurt w/fruit Lunch: Lasagna, Carrots and Apple Slices Vegetarian: Vegetarian Lasagna Afternoon Snack: Graham Crackers w/Milk	Breakfast: Yogurt & Fruit Morning Snack: Oatmeal w/Fruit Lunch: Spaghetti w/Meatballs, Broccoli and Bananas Vegetarian: Veggie Crumble in Spaghetti Sauce Afternoon Snack: Animal Crackers w/milk	Breakfast: Cereal with Milk & Fruit Morning Snack: Cinnamon Raisin Bread Lunch: Mac N Cheese, Peas and Oranges Vegetarian: Same Afternoon Snack: Saltine Crackers with Cheese	Breakfast: Yogurt & Fruit Morning Snack: Waffles w/fruit Lunch: Chicken Nuggets, Corn Mashed Potatoes and Pineapples Vegetarian: Veggie Nuggets Afternoon Snack: Fresh Baked Blueberry Muffins	Breakfast: Cereal with Milk & Fruit Morning Snack: String Cheese w/fruit Lunch: Cheese Pizza, Mixed Veggies and Mixed Fruit Vegetarian: Same Afternoon Snack: Rice Cakes
19	20	21	22	23
Breakfast: Cereal with Milk & Fruit Morning Snack: Cheerios w/raisins Lunch: Chicken w/Broccoli Rice Cassarole, Broccoli and Peaches Vegetarian: Cheesy Rice Cassarole Afternoon Snack: Goldfish Crackers	Breakfast: Yogurt & Fruit Morning Snack: Cereal w/milk Lunch: Turkey and Cheese Sandwich, Carrots and Bananas Vegetarian: Cheese Sandwich Afternoon Snack: Veggie Straws	Breakfast: Cereal with Milk & Fruit Morning Snack: French Toast w/Fruit Lunch: Chicken Alfredo Pasta, Corn and Pears Vegetarian: Veggie Chicken Alfredo Afternoon Snack: Popcorn/Trail Mix	Breakfast: Yogurt & Fruit Morning Snack: Whole Wheat Cheese Toast Lunch: Bean and Cheese Burrito , Green Beans and Oranges Vegetarian: Same Afternoon Snack: Wheat Thins w/hummus	Breakfast: Cereal with Milk & Fruit Morning Snack: Cereal Bar Lunch: Cheese Pizza, Mixed Veggies and Mixed Fruit Vegetarian: Same Afternoon Snack: Cheese Crackers
26	27	28	29	30
Breakfast: Cereal with Milk & Fruit Morning Snack: Yogurt w/fruit Lunch: Chicken Nuggets, Corn Mashed Potatoes and Apple Slices Vegetarian: Veggie Nuggets Afternoon Snack: Graham Crackers w/Milk	Breakfast: Yogurt & Fruit Morning Snack: Oatmeal w/Fruit Lunch: Mac N Cheese, Green Beans and Applesauce Vegetarian: Same Afternoon Snack: Animal Crackers w/milk	Breakfast: Cereal with Milk & Fruit Morning Snack: Bagels w/cream cheese w/fruit Lunch: Ground Turkey Tacos, Peas and Bananas Vegetarian: Cheese Quesadilla Afternoon Snack: Ritz Crackers w/cheese	Breakfast: Yogurt & Fruit Morning Snack: Waffles w/fruit Lunch: Spaghetti w/Meatballs, Peas w/Carrots and Pineapples Vegetarian: Veggie Crumble in Spaghetti Sauce Afternoon Snack: Pretzels/Cheerios	Breakfast: Cereal with Milk & Fruit Morning Snack: String Cheese w/fruit Lunch: Cheese Pizza, Mixed Veggies and Mixed Fruit Vegetarian: Same Afternoon Snack: Rice Cakes

*Variety of Cereals are served for breakfast

*Milk is served with breakfast, lunch and some afternoon snacks/Water is served with all meals and available throughout the day/100% Fruit Juice served with most afternoon Snacks