APRIL

Monday	Tuesday	Wednesday	Thursday	Friday
1)AM: Cereal Bars L: Turkey and cheese wraps, fries, fruit PM: Veggie Straws V: Cheese wraps	2)AM: Pancakes w/ syrup L: Chicken sandwich, tots, fruit PM: Goldfish V: veggie patty	3)AM: Cereal w/ milk L: Quesadillas, beans, fruit PM: Cheez its V: quesadilla	4)AM: Yogurt parfait L: Pizza, peas & carrots, fruit PM: Apples or apple sauce V: cheese pizza	5) AM: Waffles w/ syrup L: DIY Lunchables, cucumber, fruit PM: Nut free trail mix V: DIY Lunchables
8)AM: English Muffins w/ Jelly L: Sweet & Sour meatballs, rice, fruit PM: Nilla Wafers V: Meatless alternative	9) AM: Waffles L: Steak Fingers, mashed potato, fruit PM: Chocolate pudding V: veggie nuggets	10)AM: Cereal w/milk L: Turkey hummus wraps, tots, fruit PM: Animal crackers V: cheese sandwich	11)AM: French toast L: Chicken fried rice, mixed veggies, fruit PM: Ritz & hummus V: veggie fried rice	12) AM: Graham crackers & apple sauce L: Mac & Cheese, mixed veggie fruit PM: Pretzels V: mac & cheese
15) AM: Yogurt Parfait L: Alfredo Pasta, broccoli, fruit PM: Chocolate grahams V: Alfredo pasta	16) AM: Cereal w/ milk L: Pizza, mixed veggies, fruit PM: cereal bars V: cheese pizza	17) AM: Cereal w/ milk L: Quesadillas, beans, fruit PM: Nut Free Trail mix V: quesadilla	18) AM: Pancakes w/ syrup L: Chick pea pasta, mixed veggies, fruit PM: Cheezits V: spaghetti	19) AM: Biscuits w/ jelly L: Cheese Lasagna, veggies , fruit PM: Veggie Straws V: cheese lasagna
22) AM: English muffins w/ jelly L: Spaghetti, mixed veggies, fruit PM: Cheese & crackers V: mac & cheese	23) AM: Waffles w/ syrup L: Fish sticks, yams, fruit PM: Nilla Wafers V: veggie alternative	24) AM: French toast L: Grilled cheese, mixed veggies, fruit PM: Pretzels V: grilled cheese	25) AM: Graham crackers & apple sauce L: Chicken nuggets, fries, fruit PM: Goldfish V: veggie nuggets	26) AM: Cereal Bars & fruit L: Mac & cheese, mixed veg, fruit PM: Sugar free wafers V: Mac & cheese
29) AM: Cereal Bars & fruit L: Cheese Ravioli, mixed veg, fruit PM: Nut free trail mix V: Cheese Ravioli				

Milk is served with Breakfast & Lunch   Water is served throughout the day   AM= 9:00am morning snack   L=11:30am Lunch   PM= 3:00pm Afternoon snack