

April Lunch

NO FRIED FOODS!!

Monday, March 31, 2025	Tuesday, April 1, 2025	Wednesday, April 2, 2025	Thursday, April 3, 2025	Friday, April 4, 2025
Italian Meatball Sub Mini Hoagie Peas and Carrots Cantaloupe <u>V, Vegan, DF, EF, GF: Veggie Meatball Sub</u> <u>GF: Whole Grain Brown Rice</u>	HOK Hearty Turkey Chili - <u>DF, EF</u> White Rice Carrots, Peppers, Onions Bananas <u>V, Vegan: Three Bean Chili</u> <u>GF: Gluten Free Bread</u>	Pasta Alfredo - <u>V, EF</u> Pasta Broccoli Honeydew <u>DF, Vegan: Pasta Marinara Vegan Cheese</u> <u>GF: GF Pasta Alfredo</u>	Turkey Paella - <u>DF, EF, GF</u> Turmeric Rice Cauliflower Watermelon <u>V, Vegan: Tofu Paella</u>	Pizza Day - <u>V, EF</u> Flour Pizza Crust Cucumbers Fruit Salad <u>DF: Pizza w/Turkey Pepperoni</u> <u>GF: Gluten Free Pizza w/ Cheese</u> <u>Vegan: Pizza w/ Vegan Cheese</u>
Monday, April 7, 2025 Creamy Pesto Pasta - <u>V, EF</u> Pasta Sliced Carrots Honeydew <u>DF, Vegan: DF Pesto Pasta w/ Vegan Cheese</u> <u>GF: GF Creamy Pesto Pasta</u>	Tuesday, April 8, 2025 Cheesy Chicken Broccoli - <u>EF, GF</u> Whole Grain Brown Rice Broccoli Bananas <u>DF: DF Chicken Broccoli Casserole</u> <u>V, Vegan: Tofu Broccoli Casserole</u>	Wednesday, April 9, 2025 Turkey Lentil Sloppy Joes - <u>DF, EF</u> Dinner Roll Peas and Carrots Cantaloupe <u>V, Vegan: Lentil & Bean Sloppy Joe</u> <u>GF: White Rice</u>	Thursday, April 10, 2025 Swedish Meatballs Wheat Bread Zucchini and Yellow Squash Watermelon <u>V, Vegan, DF, EF, GF: Veggie Meatballs</u> <u>GF: Gluten Free Bread</u>	Friday, April 11, 2025 Chicken Parmesan Sub - <u>EF</u> Mini Hoagie Green Beans Fruit Salad <u>V, Vegan, DF: Veggie Meatball Sub</u> <u>GF: Whole Grain Brown Rice</u>
Monday, April 14, 2025 Teriyaki Meatballs Vegetable Rice Honeydew <u>V, Vegan: Tofu Teriyaki</u> <u>DF, EF, GF: Chicken Teriyaki</u>	Tuesday, April 15, 2025 Chicken Fajitas - <u>DF, EF</u> Flour Tortillas Cauliflower Bananas <u>V, Vegan: Bean Fajitas</u> <u>GF: Corn Tortilla</u>	Wednesday, April 16, 2025 Pasta w/ Meat Sauce - <u>DF, EF</u> Pasta Sliced Carrots Cantaloupe <u>V, Vegan: Pasta Marinara Vegan Cheese</u> <u>GF: Entrée w/ GF Pasta</u>	Thursday, April 17, 2025 BBQ Chicken Quinoa - <u>DF, EF</u> Dinner Roll Broccoli Pineapple <u>V, Vegan: BBQ Tofu</u> <u>GF: Whole Grain Brown Rice</u>	Friday, April 18, 2025 Pizza Day - <u>V, EF</u> Flour Pizza Crust Cucumbers Fruit Salad <u>DF: Pizza w/Turkey Pepperoni</u> <u>GF: Gluten Free Pizza w/ Cheese</u> <u>Vegan: Pizza w/ Vegan Cheese</u>
Monday, April 21, 2025 Mega Mac & Cheese - <u>V, EF</u> Pasta Peas and Carrots Honeydew <u>GF: GF Pasta w/ Cheese Sauce</u> <u>Vegan, DF: Cheesy Vegan Pasta</u>	Tuesday, April 22, 2025 Taco Tuesday! - <u>EF</u> Flour Tortillas Lettuce, Salsa Bananas <u>V, Vegan: Veggie & Bean Taco</u> <u>GF: Corn Tortilla</u>	Wednesday, April 23, 2025 Maui Chicken - <u>DF, EF, GF</u> White Rice Broccoli Pineapple <u>V, Vegan: Maui Tofu</u>	Thursday, April 24, 2025 Turkey Meatloaf - <u>EF, GF</u> Wheat Bread Zucchini and Yellow Squash Watermelon <u>V, Vegan, DF - Veggie Patty</u> <u>GF: Gluten Free Bread</u>	Friday, April 25, 2025 Pepperoni Pizza Pasta - <u>EF</u> Pasta Sliced Carrots Fruit Salad <u>V, Vegan, DF: Veggie Pizza Pasta</u> <u>GF: GF Pepperoni Pizza Pasta</u>
Monday, April 28, 2025 Pasta Fagioli - <u>V, Vegan, DF, EF</u> (Parmesan Cheese on the Side) Sliced Carrots Honey Dew <u>GF: Entrée w/ GF Pasta</u>	Tuesday, April 29, 2025 Chicken Chickpea Gyros - <u>EF</u> Pita Bread Broccoli Bananas <u>V, Vegan, DF: Chickpea and Veggie Gyros</u> <u>GF: Whole Grain Brown Rice</u>	Wednesday, April 30, 2025 Red Pepper Turkey - <u>EF, GF</u> Whole Grain Brown Rice Cauliflower Cantaloupe <u>V, Vegan: Tofu w/ DF Sauce</u> <u>DF: Turkey w/ DF Sauce</u>	Thursday, May 1, 2025 Cheesy Chicken Philly - <u>EF</u> Mini Hoagie Green Beans Pineapple <u>DF: DF Chicken Philly</u> <u>V, Vegan: White Bean Philly</u> <u>GF: White Rice</u>	Friday, May 2, 2025 Pizza Day - <u>V, EF</u> Flour Pizza Crust Cucumbers Fruit Salad <u>DF: Pizza w/Turkey Pepperoni</u> <u>GF: Gluten Free Pizza w/ Cheese</u> <u>Vegan: Pizza w/ Vegan Cheese</u>