

## **April Lunch**

## NO FRIED FOODS!!

	Man de Maria de la compansión de la comp			NO FRIED FOODS!!
Monday, April 1, 2024	Tuesday, April 2, 2024	Wednesday, April 3, 2024	Thursday, April 4, 2024	Friday, April 5, 2024
Meatball Slider	Mega Mac & Cheese - V, EF	Chicken Teriyaki - DF, EF, GF	Turkey Meatloaf - EF, GF	Pizza Day - <u>V, EF</u>
Dinner Roll	Pasta	White Rice	Wheat Bread	Flour Pizza Crust
Sliced Carrots	Peas and Carrots	Broccoli	Green Beans	Cucumbers
Honey Dew	Bananas	Cantaloupe	Watermelon	Fruit Salad
V, Vegan, DF, EF: Tofu Slider	GF: GF Pasta w/ GF Sauce	V, Vegan: Tofu Teriyaki	V, Vegan, DF - Veggie Patty	DF: Pizza w/Turkey Pepperoni
GF: Tofu Slider w/GF Bread	Vegan, DF: Cheesy Vegan		GF: Gluten Free Bread	GF: Gluten Free Pizza w/ Cheese
	Pasta			Vegan: Pizza w/ Vegan Cheese
Monday, April 8, 2024	Tuesday, April 9, 2024	Wednesday, April 10, 2024	Thursday, April 11, 2024	Friday, April 12, 2024
Pasta Alfredo - V, EF	Red Pepper Chicken - <b>EF, GF</b>	HOK Hearty Turkey Chili - <b>DF, EF</b>	BBQ Chicken Quinoa - <b>DF, EF</b>	Cheesy Italian Pasta
Pasta	Whole Grain Brown Rice	Oyster Crackers	Dinner Roll	V, EF
Green Beans	Broccoli	Carrots, Peppers, Onions	Cauliflower	Cucumbers
Cantaloupe	Bananas	Honey Dew	Pineapple	Fruit Salad
DF, Vegan: Pasta Marinara w/	V, Vegan: Tofu w/ DF Sauce	V, Vegan: Three Bean Chili	V, Vegan: BBQ Tofu	Vegan, DF: Pasta Marinara &
Vegan Cheese	DF: Chicken w/ DF Sauce	GF: Gluten Free Bread	GF: Gluten Free Bread	Vegan Cheese
GF: GF Pasta Alfredo				GF: Entrée w/ GF Pasta
Monday, April 15, 2024	Tuesday, April 16, 2024	Wednesday, April 17, 2024	Thursday, April 18, 2024	Friday, April 19, 2024
Swedish Meatballs	Taco Tuesday! - <u>EF</u>	Chicken Paella - DF, EF, GF	Brunch Time!	Pizza Day - <u>V, EF</u>
Wheat Bread	Flour Tortillas	Turmeric Rice	Turkey Sausage Patties	Flour Pizza Crust
Sliced Carrots	Lettuce, Salsa	Peas and Carrots	French Toast and Peach Compote	Cucumbers
Honey Dew	Bananas	Cantaloupe	Potato Hash Brown	Fruit Salad
V, Vegan, DF, EF, GF:	V, Vegan: Veggie &Bean Taco	V, Vegan: Tofu Paella	Watermelon	DF: Pizza w/Turkey Pepperoni
Veggie Meatballs	GF: Corn Tortilla		V, Vegan - Black Bean Breakfast Patty	GF: Gluten Free Pizza w/ Cheese
GF: Gluten Free Bread			Vegan, DF, EF, GF: GF Vegan Pancakes	Vegan: Pizza w/ Vegan Cheese
Monday, April 22, 2024	Tuesday, April 23, 2024	Wednesday, April 24, 2024	Thursday, April 25, 2024	Friday, April 26, 2024
Spaghetti w/ Meat Sauce - <b>DF, EF</b>	Turkey Gyros - <u><b>EF</b></u>	Cheesy Chicken Broccoli - EF, GF	Turkey Lentil Sloppy Joes - <b>DF, EF</b>	Chicken Pot Pie - <b>EF</b>
Spaghetti	Pita Bread (Tzatziki on the side)	Whole Grain Brown Rice	Dinner Roll	Biscuit
Sliced Carrots	Green Beans	Broccoli	Cauliflower	Peas and Carrots
Cantaloupe	Bananas	Honey Dew	Pineapple	Fruit Salad
V: Cheesy Italian Pasta	V, Vegan: Chickpea and Veggie Gyros	DF: DF Chicken Broccoli Casserole	V, Vegan: Lentil & Bean Sloppy Joe	V, Vegan: Tofu Veggie Bowl
Vegan: Pasta Marinara Vegan Cheese	GF: Corn Tortilla	V, Vegan: Tofu Broccoli Casserole	GF: Gluten Free Bread	DF, GF: Chicken Veggie Bowl
GF: Entrée w/ GF Pasta				
•		-		