

ABC Menu 2023

	Week A	Week B	Week C
Monday	<u>Morning Snack</u> Sausage Kolache <u>Lunch</u> Mac 'n Cheese Green Beans Mandarin Oranges <u>Afternoon Snack</u> Vanilla Wafers/Pudding	<u>Morning Snack</u> Pancakes w/ Syrup <u>Lunch</u> Chicken Alfredo Green Beans Pears <u>Afternoon Snack</u> Graham Crackers	<u>Morning Snack</u> Biscuits with Eggs <u>Lunch</u> Cheese Pizza Mixed Veggies Pears <u>Afternoon Snack</u> Pretzels
Tuesday	<u>Morning Snack</u> Biscuits With Egg <u>Lunch</u> Cheese Pizza Corn Peaches <u>Afternoon Snack</u> Fig Bar	<u>Morning Snack</u> Soft Fruit Cereal Bars <u>Lunch</u> Meatballs w/Brown Gravy Mashed Potatoes Apples/applesauce <u>Afternoon Snack</u> Vanilla Wafers	<u>Morning Snack</u> Waffles w/ Syrup <u>Lunch</u> Chicken Sandwich Carrots & Peas Applesauce <u>Afternoon Snack</u> Animal Crackers
Wednesday	<u>Morning Snack</u> Blueberry Muffins <u>Lunch</u> Spanish Rice Chicken Pears <u>Afternoon Snack</u> Pretzels	<u>Morning Snack</u> Yogurt w/ Graham Crackers <u>Lunch</u> Chicken Fingers Mixed Vegetables Pineapples <u>Afternoon Snack</u> String Cheese & Crackers	<u>Morning Snack</u> French Toast Sticks <u>Lunch</u> Chicken/ Cheese Crisпитos Corn Mandarin Oranges <u>Afternoon Snack</u> Soft Fruit Cereal Bar
Thursday	<u>Morning Snack</u> Seasoned Potato Puffs <u>Lunch</u> Bean & Cheese Burrito Baked Beans Fresh Bananas <u>Afternoon Snack</u> Goldfish	<u>Morning Snack</u> Muffins <u>Lunch</u> Cheese Pizza Corn Peaches <u>Afternoon Snack</u> Fig Bar	<u>Morning Snack</u> Yogurt/ Graham Crackers <u>Lunch</u> Spaghetti with Meatballs Green Beans Pineapples <u>Afternoon Snack</u> Cheez-it Crackers
Friday	<u>Morning Snack</u> Bagel W/ Cream Cheese <u>Lunch</u> Chicken/ Cheese Crisпитos Carrots & Peas Pineapples <u>Afternoon Snack</u> Animal Crackers	<u>Morning Snack</u> French Toast <u>Lunch</u> BBQ Pulled Pork Sandwich Green Beans Applesauce <u>Afternoon Snack</u> Goldfish Crackers	<u>Morning Snack</u> Seasoned Potato Puffs <u>Lunch</u> Chicken Nuggets Carrots Peaches <u>Afternoon Snack</u> Vanilla Wafers

Water is provided at Lunch and Snacks. Milk is provided at Lunch.

Substitutions are provided for children under 24 months.

Menu Substitutions or Manager's Choice (MC) are posted on the designated bulletin board.

Please provide Center Director with any food allergies to items on the menu.