

	Week A	Week B	Week C
<b>Monday</b>	<u><b>Morning Snack</b></u> Egg and Biscuit <u><b>Lunch</b></u> Beef Stroganoff (Cheese Quesadilla) Garden Salad Mandarin Oranges <u><b>Afternoon Snack</b></u> Cheese Sandwiches	<u><b>Morning Snack</b></u> Cottage Cheese w/Peaches <u><b>Lunch</b></u> Bean & Cheese Burritos Corn Apple Slices <u><b>Afternoon Snack</b></u> Soft Pretzel w/Cheese	<u><b>Morning Snack</b></u> Oatmeal w/Apricots <u><b>Lunch</b></u> Tortellini Casserole Buttered Carrots Mixed Fruit <u><b>Afternoon Snack</b></u> Pita Chips & Hummus
<b>Tuesday</b>	<u><b>Morning Snack</b></u> Oatmeal w/ Diced Apples <u><b>Lunch</b></u> Lasagna (Veggie Lasagna) Mashed Potatoes Buttered Carrots Pears <u><b>Afternoon Snack</b></u> Mixed Berry Salad	<u><b>Morning Snack</b></u> Muffins w/ Banana <u><b>Lunch</b></u> Black Bean Meatballs w/ Gravy Bread/Mashed Potatoes Green Beans Mixed Fruit <u><b>Afternoon Snack</b></u> String Cheese & Crackers	<u><b>Morning Snack</b></u> Bagels and Cream Cheese <u><b>Lunch</b></u> Bean/Cheese Enchiladas Carrots & Peas Mandarin Oranges <u><b>Afternoon Snack</b></u> Blueberry Muffin
<b>Wednesday</b>	<u><b>Morning Snack</b></u> Pancakes w/ Syrup <u><b>Lunch</b></u> Chicken Alfredo (Veggie Alfredo) Green Beans Peaches <u><b>Afternoon Snack</b></u> Cottage Cheese & Apple Slices	<u><b>Morning Snack</b></u> Biscuits w/Jelly & Oranges <u><b>Lunch</b></u> Mini Corn Dogs (Max veggie Stick) Oven Fries Pears <u><b>Afternoon Snack</b></u> Goldfish Crackers & Applesauce	<u><b>Morning Snack</b></u> Sausage w/ Biscuit (Egg) <u><b>Lunch</b></u> Cheese Pizza Mixed Vegetables Pineapple <u><b>Afternoon Snack</b></u> Crackers & Cheese Slices
<b>Thursday</b>	<u><b>Morning Snack</b></u> Soft Fruit Cereal Bar <u><b>Lunch</b></u> Grilled Cheese Garden Salad ChickPea Soup Pineapple <u><b>Afternoon Snack</b></u> Carrots w/Ranch & Crackers	<u><b>Morning Snack</b></u> Egg and Hash Brown <u><b>Lunch</b></u> Turkey & Cheese Wraps (Hummus & Cheese Wraps) Carrot Sticks w/Ranch Tropical Fruit <u><b>Afternoon Snack</b></u> Soft Fruit Cereal Bar	<u><b>Morning Snack</b></u> Sausage Kolache (Bagel w/cream cheese) <u><b>Lunch</b></u> Chicken Nuggets (Veggie Nuggets) Quinoa Salad Peaches <u><b>Afternoon Snack</b></u> Cheese Stick & Rice Cake
<b>Friday</b>	<u><b>Morning Snack</b></u> French Toast Stick w/Banana <u><b>Lunch</b></u> Turkey Tater Tot Casserole (Bean/Cheese Burrito) Mixed Vegetables Apricots <u><b>Afternoon Snack</b></u> Pita Chips & Hummus	<u><b>Morning Snack</b></u> Cheese Toast <u><b>Lunch</b></u> Black Bean Burger /Sliced Pickles Sweet Potato Fries Fresh Banana <u><b>Afternoon Snack</b></u> Yogurt w/ Vanilla Wafers	<u><b>Morning Snack</b></u> Pancakes w/ Syrup <u><b>Lunch</b></u> Chicken and Rice Casserole (Cheese Quesadilla) Green Beans Fresh Apple Slices <u><b>Afternoon Snack</b></u> Soft Fig Bar

Water is provided at all meals. Milk is provided at Lunch.  
 Substitutions are provided for children under 24 months. All Vegetarian options are in italics.  
 Menu Substitutions or Manager's Choice (MC) are posted on the designated bulletin board.  
 Please provide Center Director with any food allergies to items on the menu.