

## **August**

| Monday  | Tuesday   | Wednesday  | Thursday  | Friday   |
|---|---|--|---|--|
|   |   |  |   | CLOSED   |
| 4<br>Whole Wheat Toast and Jelly                                      | English Muffins with Sun Butter   | Biscuits with Cream Gravy 6  | 7<br>Brown Sugar Oatmeal  | 8<br>K \c`Y'; fU]b'?]I 'UbX'DYUfg  |
| Homemade 7\eese Pizza with<br>Steamed Broccoli and<br>Watermelon      | Chicken and Spaghetti with<br>Marinara Sauce, Garlic Bread &<br>Pineapple | Hi f_YmUbX'Gk ]gg'GUbXk ]VNYg'<br>k ]h\ 'HUhcf'Hchg'UbX'6UbUbU<br>Slices | Chicken Nuggets with Green<br>Beans and Sliced Grapes                                     | Waffles with Turkey Sausage<br>and Peaches   |
| Applesauce and Graham Crackers  | Cheez Its & Peaches   | ; old Fish and Apple Slices  | Whole Grain Fruit Bars  | JY[[]Y'Graws and Hummus Dip  |
| Homemade Blueberry Oatmeal 11   | Whole Grain Fruit Bars <sup>12</sup>                                      | 13<br>Whole Grain 7\YYf]cg'UbX'<br>6UbUbUg                               | Yogurt and Mixed Berries 14   | Bagels and Cream Cheese 15   |
| Bean & Cheese Burritos<br>with Sweet Yellow Corn and<br>Apple Slices  | BBQ Turkey Meatballs with<br>Mashed Potatoes and<br>Strawberries          | Sun Butter and Jelly<br>Sandwiches with Cucumbers &<br>Pear Slices       | Cheesey Chicken Noodles with<br>Garlic Toast and Steamed<br>Broccoli                      | Chicken and Cheese Soft Tacos<br>with Black Beans and Mixed<br>Berries                     |
| Animal Crackers and Peaches   | Homemade Blueberry Muffins  | Cheez Its & Peaches  | Homemade Banana Bread   | Gold Fish and Fresh Fruit  |
| Apple Cinnamon Muffins 18   | Cinnamon Toast 19   | Homemade Sheetpan Pancake 20   | Bagels and Cream Cheese 21  | Strawberry & Cream Oatmeal 22  |
| Turkey and Cheese Roll ups<br>with Baked Chips and Sliced<br>Grapes   | Macaroni and Cheese with<br>Mixed Vegetables and Bananas                  | BBQ Chicken Sandwiches with<br>Tatar Tots and Pineapple                  | Taco Bowl: Shredded Chicken,<br>Black Beans, Corn, Shredded<br>Cheese with Tortilla Chips | Fresh Baked Croissants stuffed<br>with Turkey and Cheese,<br>Sweet Potato Fries and Grapes |
| Cheez Its and Pineapple   | Cheddar Cheese and Crackers   | Cucumber and Bell Pepper Slices with Hummus                              | Apple Slices and Sun Butter   | Oranges and Pretzel Thins  |
| Whole Grain Fruit Bars 25   | <cbymik '="" \yuh'hcughi="">Y``m<sup>2</sup>6</cbymik>                    | French Toast Sticks 27   | Waffles with Maple Syrup 28   | Homemade Breakfast Pizza <sup>29</sup>   |
| Swedish Meatballs with Brown<br>Gravy and Noodles and<br>Strawberries | Grilled Cheese Sandwiches with<br>Baked Chips & Mixed Berries             | Grilled Chicken Fettuccine<br>Alfredo with Green Beans &<br>Pears Slices | Homemade Lunch-ables with<br>Sliced Grapes  | Turkey and Swiss Roll Ups with<br>Veggie Straws and Oranges                                |
| Graham Crackers and Bananas   | Cheez Its & Peaches   | Oranges and Pretzel Thins  | Animal Crackers and Peaches   | Homemade Trail Mix   |