|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Week A**  | Monday  | Tuesday  | Wednesday  | Thursday | Friday  |
| Breakfast  | Cereal and Milk | Cereal and Milk | Cereal and Milk | Cereal and Milk | Cereal and Milk |
| AM | Cinnamon Raisin Bread w/ Cream Cheese | Fresh Baked Muffins | Waffles & Fruit Jelly and Pears | Bagels & Cream Cheese | Pancakes and Bananas |
| Lunch | Cheese Burger, Carrots & Apple Slices | Chicken Nuggets, Mashed Potatoes &Green Beans , Oranges | Spaghetti & Meat Sauce, Peas & Carrots, Applesauce | Red Beans & Rice w/ Turkey, Peaches | Cheese Pizza, Mixed Veggies, Orange Slices |
| Vegetarian | Garden Cheese Burger  | Corn Nuggets | Spaghetti w/ Sauce | Red Beans & Rice |  |
| PM | Graham Cracker & Oranges | Fig Bars | Animal Crackers | Vanilla Wafers & Yogurt | Rice Cake |
| **Week B** | Monday | Tuesday | Wednesday | Thursday | Friday  |
| Breakfast  | Cereal and Milk | Cereal and Milk | Cereal and Milk | Cereal and Milk | Cereal and Milk |
| AM | Oatmeal w/ Diced Apples | Biscuits & Grape Jelly | Cinnamon Raisin Toast W/ Sun Butter | Yogurt & Apple Slices | Waffles and Pears |
| Lunch | Turkey Soft Tacos, Black Beans, Pineapples | Baked Mac & Cheese, Peas & Carrots, Peaches | Chicken Pasta Bake, Corn, Applesauce | Chicken & Cheese Quesadillas, Mixed Salad, Mandarin Orange Slices | Turkey and Cheese on Whole Wheat, Carrots, Bananas |
| Vegetarian | Veggie Tacos w/ cheese |  | Cheese Pasta Bake | Cheese Quesadillas | Cheese Sandwich  |
| PM | Soft Fruit Cereal Bar | String Cheese & Crackers | Goldfish Crackers | Graham Crackers & Applesauce | Wheat Thins and Hummus |
| **Week C** | Monday  | Tuesday | Wednesday | Thursday | Friday  |
| Breakfast  | Cereal and Milk | Cereal and Milk | Cereal and Milk | Cereal and Milk | Cereal and Milk |
| AM | Toast and Jelly | Bagels w/ Fruit Spread | French Toast & Apple Slices | Oatmeal | Pancakes & Applesauce |
| Lunch | Chicken Sandwich, Tossed Salad w/Dressing, Tropical Fruit | Chicken Alfredo, Peas, Carrots, Peaches | Grill Cheese Sandwich, Green Beans, Orange Slices | Beef and Bean Burrito, Corn, Pineapple | Chicken & Rice Tetrazzini, Green Beans, Bananas |
| Vegetarian  | Veggie Nuggets | Cheese Alfredo Pasta |  | Bean Burrito | Rice Tetrazzini |
| PM | Fig Bars | Cheez- It Crackers | Oatmeal Cookies | Pretzels & Apple Slices | Fresh Cookies |