CHILDREN'S LIGHTHOUSE
EARLY LEARNING SCHOOL

November

Monday	Tuesday	Wednesday	Thursday	Friday
2 Whole Wheat Toast with Jelly Pulled BBQ Chicken Sandwiches with Steamed Brocolli and Grapes Veggie Straws and Hummus	3 Whole Grain Fruit Bars Turkey and Swiss Melts with Baked Chips and Oranges String Cheese & Sliced Apples	4 Sheetpan Pancakes Homemade Chicken Pot Pie with Peas and Carrots with Cheddar Biscuit Top and Pears Whole Grain Fruit Bars	5 Waffles with Syrup Homemade Macaroni and Cheese with Mixed Vegetables and Sliced Grapes Graham Crackers & Apple Sauce	6 Whole Grain Cheerios and Bananas Chicken Nuggets with Yellow Corn and Peaches Gold Fish with Fresh Fruit
9 Homemade Cinnamon Biscuits Fish Sticks with Green Beans and Sliced Grapes Veggie Straws & Bananas	10 Waffles and Mixed Berries Cheesy Chicken and Steamed Broccoli Casserole with Apples Warm Naan Bread & Hummus	11 Whole Grain Cheerios & Bananas Cheesy Chicken & Rice Casserole with Steamed Broccoli & Apples Oranges & Pretzel Thins	12 Yogurt Parfaits National Chicken Noodle Soup Day with Mixed Vegetables and Watermelon Rice Cakes with Sun Butter	13 Homemade Sunbutter Toast Grilled Cheese Sandwiches with Baked Chips and Sliced Grapes Whole Grain Fruit Bars
16 Yogurt Parfaits Chicken Nuggets with Green Beans & Pear Slices String Cheese with Crackers	17 Homemade Sheetpan Pancakes BBQ Turkey Meatballs with Mashed Potatoes and Apple Slices Cheez Its & Pineapple	18 Whole Grain Cheerios & Bananas Turkey and Cheese Roll Ups with Baked Chips and Grapes Pretzel Thins and Oranges	19 Homemade Banana Bread Sweet & Sour Chicken with Steamed Rice with Mixed Veggies and Apple Slices Sun Butter & Rice Cakes	20 Whole Grain Fruit Bars Thanksgiving Feast Classroom Party Trail Mix with Fresh Fruit
23 Whole Grain Cheerios & Bananas Homemade Cheese Pizza with Steamed Broccoli and Oranges Animal Crackers with Peaches	24 Turkey Sausage Biscuits Homemade Macaroni and Cheese with Mixed Vegetables and Sliced Grapes Yogurt and Sliced Apples	25 Bagels & Cream Cheese Turkey & Cheese Roll Ups with Tator Tots & Peaches **SCHOOL CLOSES @ 12:30PM**	26 **CLOSED**	27 **CLOSED**
30 Pancakes with Syrup Homemade Chicken Salad and Crackers with Blueberries & Pineapple Pretzel Thins & Oranges				