



What's On the Menu?

Early morning snack is served from 6:00 a.m. - 7:30 a.m.

Week 2			
	Breakfast	Lunch	PM Snack
Monday	Cinnamon Rolls Fruit Milk	Mac & Cheese Peas and Carrots Fruit Milk	Chat Snacks Water
Tuesday	Turkey Sausage English Muffins Milk	Chicken Nuggets Mixed Vegetables Fruit Milk	Animal Crackers Water
Wednesday	Cinnamon Toast Crunch Fruit Milk	Beef Sliders Smiley Face Fries Fruit Milk	Whole Grain Goldfish Water
Thursday	Yogurt Fruit Milk	Cheese Quesadilla Spanish Rice Fruit Milk	String Cheese Crackers Water
Friday	French Toast Fruit Milk	Turkey/Cheese Roll Ups Green Beans Fruit Milk	Cheese Itz Water

All meals are baked, not fried

Proteins include chicken, turkey and cheese

Milk is served at breakfast and lunch (*whole milk for children 12 – 24-month*)

Water is available through the day and offered with each meal

Vegetarian meal options available

Fresh fruits served when possible