

What's On the Menu?

Early morning snack is served from 6:00 a.m. - 7:30 a.m.

Week 1			
	Breakfast	Lunch	PM Snack
Monday	Oatmeal Fruit Milk	Chicken Nuggets Mashed Potatoes Peas and Carrots Milk	Cheese Itz Water
Tuesday	Blueberry Muffins Fruit Milk	Chicken Alfredo Green Beans Fresh Fruit Milk	Bug Bites Water
Wednesday	Pancakes Fruit Milk	BBQ Meatballs Sweet Tots Fruit Milk	Whole Grain Goldfish Water
Thursday	Cinnamon Rolls Fruit Milk	Teriyaki Chicken Veggie Rice Fruit Milk	Chat Snacks Water
Friday	Biscuit Turkey Sausage Milk	Pizza Corn Fruit Milk	String Cheese Crackers Water

All meals are baked, not fried

Proteins include chicken, turkey and cheese

Milk is served at breakfast and lunch (*whole milk for children 12 – 24-month*)

Water is available through the day and offered with each meal

Vegetarian meal options available Fresh

fruits served when possible